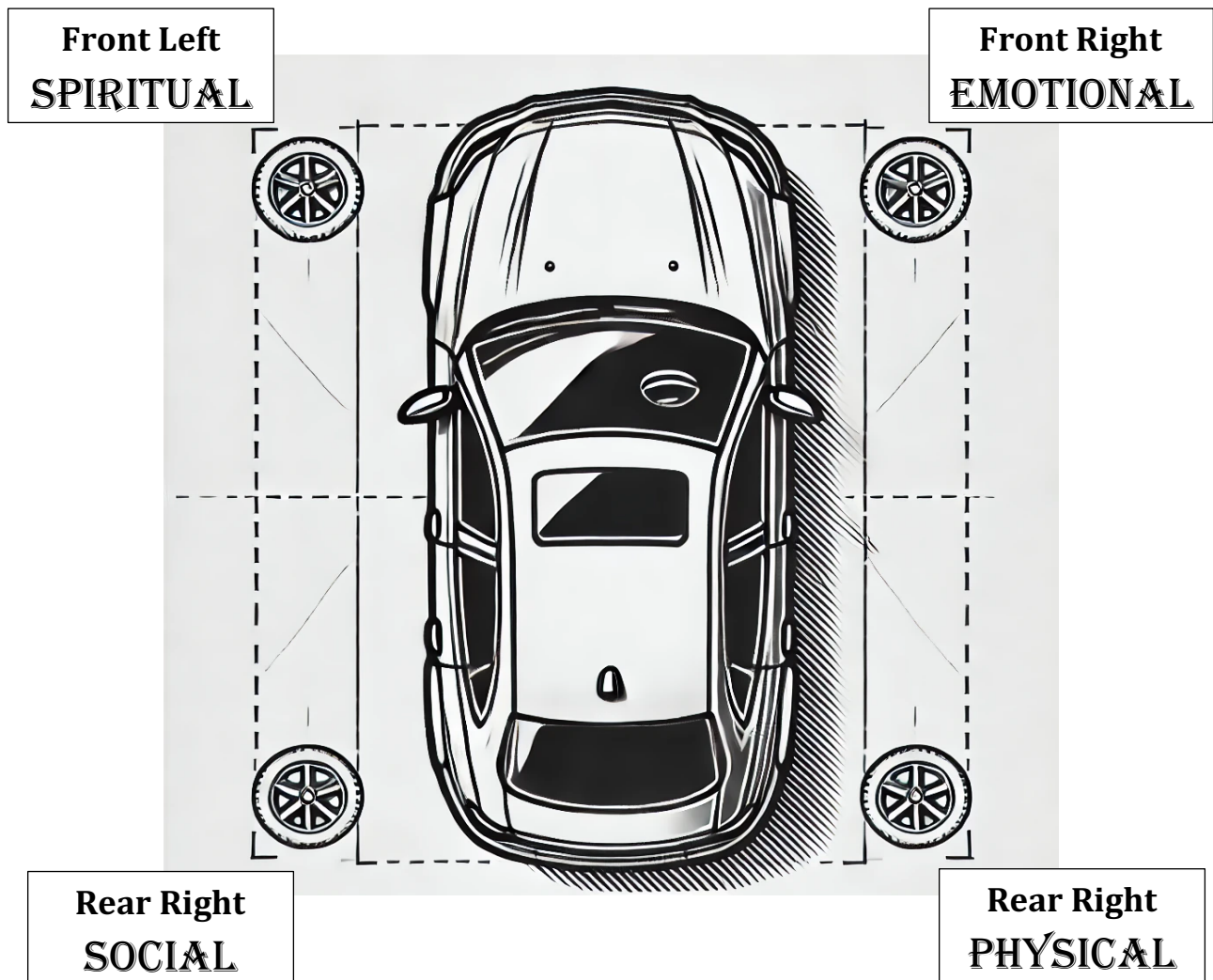


“Served Before Serving”

Taste of Arrow, August 2024

Are there tires on the hubs of your life in need of Jesus-Centered servicing?

1. Take time to “pull your car” off the road for a moment of stillness and silence with the Master Servant, affirming His love for you.
2. Invite Jesus to reveal the area of your life most in need of His “inspiration/inflation”.
3. With humility and honesty circle that area on the diagram.
4. Ask Jesus to be Himself and to do what is needed as He sees and desires it.
5. Be ready and willing to humbly receive His service without conditions. Ask Him for the grace to follow His lead in healing your union with Him.



SERVICING THE TIRES ON THE HUBS OF YOUR LIFE

“Come to Me all you who are _____ and I will give you _____”

(Matthew 11:28-30)

Your SPIRITUAL Hub:

Fellowship with God: How is your relationship with God? In what ways are you nurturing your spiritual life? Where are you compromising your pursuit of holiness? Reflect on and respond to God's invitation to confess, repent, relational healing with fresh surrender.

Spiritual Formation: How well are you living into your identity in Christ? How is the quality of your practice of the spiritual disciplines for your formational health? (Prayer, scripture meditation; stillness; solitude) How deeply is your soul anchored in the truth of God's Word and what He says about you?

Your EMOTIONAL Hub:

Mental Health: What patterns dominate your thoughts? Are there thought processes that need the renewal and transformation that Christ offers? How are you coping with shame, guilt, fear that can affect your mental health?

Emotional Resilience: How do you cope with stress, setbacks, and challenges? Consider if there are areas where you need to build resilience and seek Christ's healing touch.

Your SOCIAL Hub:

Relationships: How are you meaningfully engaged to those closest to you: family, friends, neighbors, colleagues? Are there any relationships that need healing, reconciliation, or strengthening? Consider how embracing humility and grace can lead to healthier and more Jesus-centered relationships.

Support Systems: Who are the key people in your life that offer support and encouragement? How can you better foster these relationships and also be a source of support and affirmation for them? Reflect on the importance of mutual care and accountability within your social circles.

Your PHYSICAL Hub:

Health and Wellness: How are you caring for your physical health and wellness: Your rest, nutrition and exercise habits? Which areas are in need of improvement for better well-being?

Stewardship of Resources: How are you managing your material resources, such as time, talents, and treasures? Consider how you're using them in a way that honors God and serves others.

Reflection and Discussion:

1. What specific pressures make it difficult for me/us to admit our need for Christ's service?
2. How can I/we cultivate a humble posture in my/our daily lives to remain open to Christ's ongoing service?
3. How does the exchange between Jesus and Peter in John 13 reflect the tension between self-reliance and dependence on Christ?
4. How might acknowledging my/our need for Jesus' ongoing service in my/our lives impact my/our relationships and interactions with others?