

5 Certain Steps for Uncertain Times

1. Find Focus.

Don't get focused on the wind and the waves of circumstances. Keep your eyes on Jesus—the pioneer and perfecter of faith. (Hebrews 12:2-3)

2. Give Thanks.

Every day identify three things for which you are thankful. Then aim for ten! Gratitude changes our perspective in powerful ways. (1 Thes. 5:18)

3. Pray Unceasingly.

Don't underestimate the impact of prayer—on you, on others and on the world. Pray people seek Jesus. Pray wisdom for government and public health leaders. Pray for scientists and healthcare workers. Pray for the vulnerable and isolated. Pray for Jesus-centered leaders. (1 Thes. 5:17)

4. Love Lavishly.

On any day, we have little control of what's going on in the world. We do have control on how we respond. Jesus said, "As I have loved you, so you must love one another" (John 13:34). Love lavishly by washing your hands, social distancing, reaching out to the vulnerable and blessing others in practical ways.

5. Spread Calm and Courage.

Choosing to trust Jesus allows us to be a calm and non-anxious presence in our anxious world. Who could you give courage to today? Give them a call or write a note. Point them to the One who is your faithful guide, your provider and your protector. (Joshua 1:9)



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