

Appendix B: Mentoring Plan

Setting: Where and when will you meet?

Meeting #	Date and Time	Location
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		

Meeting Focus:

What will you do?

What topics, priorities, and needs has the mentee identified as important for his or her development?

At each meeting ask, "What would be most helpful for you in our meeting time today?"

Speaking into Life:

How does the mentee best learn/hear?

Focal Points:

What are some typical challenges for mentees?

Explore these topics with your mentee. Is there evidence of health and growth? Doing okay? Cause for concern?

1. The personal practice of spiritual disciplines.
2. Self-care: developing habits of personal exercise, weight loss, and nutrition.
3. Investing appropriate time with family and close friends.
4. Time management.
5. Discerning personal vision.

Downloadable forms at
www.arrowleadership.org/resources-greatmentoring