

Appendix

Appendix A: Mentoring Covenant

Between _____ and _____
[mentee] [mentor]

for a period of _____ months from _____ to _____.

As mentee, I commit to the following:

- Keeping appointments and being on time for meetings.
- Being prepared for each meeting.
- Removing distractions so I can be focused during our conversations (silence cell phone and texts/emails).
- Preparing possible questions and topics to frame future meetings.
- Being teachable.
- Taking responsibility for my learning, application, and development.
- Being prepared to share about application between meetings.
- Being engaged with review and assessment about the mentoring experience.
- Following agreed-upon confidentiality guidelines.

As mentor, I commit to the following:

- Praying regularly for the mentee.
- Being prepared for each meeting.
- Keeping appointments and being on time for meetings.
- Removing distractions so I can be focused during our conversations (silence cell phone and texts/emails).
- Asking the mentee what he/she wants to discuss.
- Demonstrating care and concern.
- Fostering a climate of openness, transparency, and trustworthiness with consistency.
- Helping to keep the conversation on topic, listening attentively to the mentee and to the Spirit of God.
- Incorporating prayer into each meeting.
- Tracking conversations and determining direction for future meetings.
- Taking initiative to review the relationship every three meetings to assess effectiveness and adjust as required.
- Following agreed-upon confidentiality guidelines.

We will meet _____ (i.e. once a month) for _____ minutes. Additional communication such as email, text, or phone conversations will be negotiated.

We agree that everything discussed within a meeting is confidential, unless a situation arises which is illegal or puts another at risk. This principle flows in both directions, for things shared by the mentee and the mentor.

We agree that we will review the mentoring covenant every three months to assess effectiveness and adjust as required.

Mentor

Mentee

Date

Downloadable forms available at [www.
arrowleadership.org/resources-greatmentoring](http://www.arrowleadership.org/resources-greatmentoring)